

Performance Centre Transition Guidance



ENGLAND HOCKEY
PLAYER PATHWAY



ENGLAND
HOCKEY

Transitioning from Academy Centre to Performance Centre

What is Transition?

Transition is the movement of players between levels during a cycle.

What are we looking for?

Performance Centre players should be able to demonstrate that they are well developed in the following competencies. Ability in these competences will suggest that they will gain benefit from the Performance Centre environment and experience an appropriate level of stretch without excessive struggle.

- Fast
- Physically, Mentally and Emotionally Durable
- Physically Literate
- Intelligent Trainers
- Self-Managers
- Motivated and Driven
- Able to cope with pressure
- Self-aware learners
- Able to work with others

Ability in these competencies does not mean a player is automatically selected for a Performance Centre.

When are transitions likely to occur?

These transitions are more likely to be:

- at the younger age groups, especially at U14, where players develop quickly and whose suitability for the higher level could change significantly over a few months
- where players came to the game late and were not at the Academy Centre in the previous cycle
- players who narrowly missed out on selection who, through their actions, have then shown the drive and dedication to want to be at the Performance Level and whose standard has consequently shown a marked improvement

Are there set transition points during the cycle?

Nominations to the Performance Centre administrator can be made at any time in the cycle although assessment opportunities will be determined by individual regions. Further information can be found



**ENGLAND HOCKEY
PLAYER PATHWAY**



**ENGLAND
HOCKEY**

on the England Hockey website (Player Pathway section) or by contacting your Regional Administrator.



ENGLAND HOCKEY
PLAYER PATHWAY



ENGLAND HOCKEY
PERFORMANCE CENTRE

What is the process?



Note: Performance Centre Head Coaches will feedback to Academy Centre coaches about standard of players nominated to inform future nominations

What happens next?

Players that are selected join the Performance Centre activity. Players that aren't selected at this stage will return to Academy Centre activity with clear feedback and rationale for the decision by the Performance Centre Head Coach.