

# Advanced Coach Programme



# Aim

To support coaches improve their practice with the ultimate aspiration of developing more, better and happier hockey players.

By being part of the Advanced Coach Programme, coaches will...

- Improve their knowledge and understanding of the game; both technically and tactically
- Advance their coaching practice through greater understanding of the Talent Development Framework and application of the Player, Environment and Game components.
- Be equipped to regularly self reflect and analyse their coaching practice and behaviours to positively affect player improvement for the long term
- Grow as a coach by being part of a safe learning community in which check and challenge are encouraged and supported
- Understand the key reasons why people play hockey and use this to create truly motivational learning environments and stronger coach, athlete relationships
- Become more creative, open minded and prepared to raise the bar with their coaching
- Have increased connections within the hockey coaching community
- On successful completion, graduate with an Advanced Coach Licence



# Background

GB Hockey has evolved their coaching offer based on significant research and feedback from coaches.

There has been a movement away from hierarchical qualification to a system which is Coach centred and allows for individualisation. From our research we know that the formal learning “courses” are not the preferred method of learning for many and that coaches feel that these traditional approaches have limited impact on their coaching practice. Our coaches have told us that they like to learn through communities of practice, peer interaction, mentoring, observation (informal learning) and environment specific workshops. ACP is a two-year programme that will move coaches’ delivery from good to great and will support them to inspire more, better and happier players in their chosen coaching environment.



# Summary

Following further evolution of the Coach Development pathway across Great Britain, the Great Britain Advanced Coach Programme, which has replaced the previous UKCC Level 3.

The Programme will provide a two-year challenge for a limited number of coaches offering structured development and learning that will stretch and develop them as coaches. The modular curriculum addresses the demands of coaching within junior participation, talent pathway, talent development, club participation and performance domains.

This is not about certificates, this is about improving coaching; growing more effective coaches, embedding a climate of continuous self-improvement and forging long term coaching connections within hockey through ongoing mentoring and support.

The learning on offer will be segmented, layered and modular. Some workshops will be compulsory, whilst others will be chosen from a broad list of topic areas. Coaches can choose how to evidence their own learning journey in their e-scrapbook.

A GB Hockey appointed mentor will help steer the coach, forming a key part of the learning process. This will be supported by the identification of a locally based role model who will be able to help bring some of the theoretical concepts to life in a practical setting. Peer interaction will be essential, both virtually and in person, to create Communities of Practice which will both support and stretch those involved.



## Who is this for?

The Advanced Coach Programme is for any active coaches who are genuinely keen to advance their coaching for the benefit of their players and the sport.

The Advanced Coach Programme is for coaches who are genuinely keen to advance their coaching for the benefit of their players and the sport. Coaches must be committed to personal development, open to feedback, excited about learning and interested in applying the GB Coaching philosophy in their sessions. Whilst there is an emphasis on talent development, because of the modular format of the programme, coaches do not have to be working within a specific environment.

By joining the programme, coaches will be agreeing to attend and engage in all of the compulsory content over the 2-year period. This will include, but not be limited to, 5 central days at the annual ACP conference and 4 core workshops which will be delivered on a regional basis.

We are looking for coaches who are not only motivated to make progress, but also prepared to give something back to the sport and to support other coaches during and after the programme. This will ensure that each cohort will leave a legacy within the hockey community.



# What is involved?

## Content

### Workshops 5 compulsory:

1. Golden Thread & CHANGEIT / Skill Acquisition Summer 2019
2. Motivational Climate & Learning Environment Autumn 2019 (Regional)
3. Coaching GKs in Contextual Settings Spring 2020 (Regional)
4. Attacking Principles Autumn 2020 (Regional)
5. Defensive Principles Spring 2021 (Regional)

### "Pick 'n' Mix" workshops (Summer 2020 and Summer 2021

- Talent Development & Non-linear Pedagogy
- Coaching Style, Engagement & Leadership
- Performance Playing Principles
- Culture, Values & Dynamics within Teams
- Video Analysis & its Use
- Planning and Managing a Programme
- Working with Children and Young People
- Promoting Effective Human Movement Solutions for Hockey
- Club Players (adults)

Learning Links- Thought provoking content and activities to stimulate conversation and reflection in between Workshops

- Self-Reflection
- End in Mind
- Player
- Environment
- Game
- GK Case Study



# What is the difference between a mentor, a role model and a peer buddy?

Challenge and support to guide the overall learning process

**MENTOR**

- GB Hockey Coach Developer
- Key resource for coach and driven by coach needs

Allow access to coaching environments to provide inspiration and opportunities for reflection

**ROLE MODEL**

- Coach working in Player Pathway or Performance environment
- Driven by learner, observation and learning

Share and Support along the journey

**PEER**

- ACP Learner from own or another cohort
- Mutual, team coaching, two way steer

## “My Learning, My Responsibility”

Your learning journey must be fully evidenced through an online e-portfolio, this can take many different forms and needs to go beyond simply summarising the content you have been exposed to. The key questions to be asked is what impact this will have on your coaching practice.

What?....So What?.....Now What?

# ACP JOURNEY

- Workshop 1  
Summer 2019  
(ACP Conference)
- Pick and Mix Modules  
Summer 2020  
(ACP Conference)
- Graduation  
Summer 2021  
(ACP Conference)
- Workshop 2  
Autumn 2019  
(Regional)
- Workshop 4  
Autumn 2020  
(Regional)
- Workshop 3  
Spring 2020  
(Regional)
- Workshop 5  
Spring 2021  
(Regional)

