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| PENALTY NOTIFICATION FORM (From 1st August 2021) |

1. This form is to be completed following the issue of a Red Card the reporting of a Matchday Misconduct Offence (MMO) or in conclusion to a Disrepute Offence.
2. This form is notification of the penalty imposed on the Offender by the relevant Disciplinary Body.
3. The Offender must serve the first 16 days suspension, beginning on the day of the offence that is automatically imposed following the issue of a Red Card or the commission of a MMO.
4. Where the penalty imposed is more than 16 days suspension or the offender denies having committed the offence which led to the issuing of the red card, the Offender may Appeal. An Appeal Notice and appropriate deposit must be received by the relevant Appeal Body not later than 8 days after this form was sent.

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| 1. Full name of Offender |  | 2. Name of Offender’s club or affiliated body |
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| 3. Date of Offence: |  | 4. Category of offence. Also indicate if this is a Red Card Matchday Misconduct Offence or Disrepute Offence.  |
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| 5. Previous Red Cards or MMOs in last 12 months (if any) with dates and penalty imposed |  | 6. Date Minimum Mandatory Penalty imposed (including first 16 days) |
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| 7. Total Penalty, ie Number of Days |  | 8. Dates of total penalty imposed (including any breaks in suspension) |
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| 9. Succinct reasons for decision  |  |  |
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| 10. Appeal Body with name and address of person to which any Appeal Notice must be sent by the Offender |  | 11. Appropriate Deposit (including to whom cheques are payable) |
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| 12. Date by which any Appeal Notice must be received by the Appeal Body |  |  |
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| 13. Name |  | 14. Signed |
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| 15. Issuing Body |  | 16. Date |
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Copies of this form and the relevant Red Card Report Form should also be sent to the relevant Area Disciplinary Administrators, England Hockey (disrepute@englandhockey.co.uk) and the Acting National Disciplinary Officer (discipline@englandhockey.co.uk)

**Appeals**

**Red Card, MMO and Disrepute**

If you wish to appeal the decision to award a red card MMO and/or the suspension term beyond the first 16 days or appeal the decision to find a disrepute complaint proven and/or the sanction imposed, the EH Appeal Form found in the Discipline and Disrepute pages of the EH website, must be completed and returned to the relevant appeal body (as stated in box 10) **within 7 days** of receiving the PNF.

**CONTACT DETAILS**

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| ENGLAND HOCKEY HEAD OF LEGAL AND GOVERNANCE  | Jason WiltshireTel 01628 896825, Email jason.wiltshire@englandhockey.co.uk |
| ACTING NATIONAL DISCIPLINARY OFFICER | Jo PennycookTel 07850 793203, Email discipline@englandhockey.co.uk  |
| EAST  | Mick Pullin Tel 01708 226492, Email discipline@easthockey.uk |
| LONDON | Rupert AllenTel 07961 845137. Email discipline@london.hockey  |
| MIDLANDS | Andy BarnesTel 01636 821643, 07778 747662 Email discipline@midlands.hockey |
| NORTH WEST | Peter McNultyTel 07985 792648, Email disciplinechair@northwesthockey.co.uk |
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| SOUTH EAST | David ShieldsTel 07969 184340, Email discipline.chair@southeast.hockey |
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| UK ARMED FORCES HA | Lieutenant Colonel Lucinda ButlerEmail Lucinda.Butler995@mod.gov.uk |
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