London Hockey: Guide to the League Regulations Men's & Women's Divisions 4-7

This "cheat sheet" is an aide memoire for captains to the key points that you need to know to organise your team in compliance with the League Regulations throughout the season. However, it is no substitute for reading the Regulations in full. If in doubt about any aspect or interpretation do not hesitate to contact your Divisional Secretary for assistance - we are here to help you.

Before the season starts:

- Regulation 3.3 add a Team Admin and an alternate on the Game Management System (GMS).
 Team Admins are added by your Club Admin on the GMS. You can have up to 3 per team added.
 You should set up an alternate who is going to be available when you are not around. Team Admins (known as captains or managers before) will do all the game management on the GMS.
- Ensure that all of your known players have been registered on the GMS.
- Regulation 5.2.1 Ensure your club has entered their fixture times on to the GMS by 8 September for games scheduled to be played in 2021 (and by 1 December for fixtures scheduled in the 2022 part of the season). Your club is responsible for risk assessing their home pitches prior to the start of the season.
- Ensure your club treasurer will be paying any relevant Membership and League Entry fees.

During the season:

- GMS is new to all of us and therefore we suggest that you are not leaving things until match day.
 - Home team to contact the opposition early (using details on GMS) and confirm
 - the pitch location, surface type and what facilities are available at the pitch
 - o the start time
 - o whether or not the match will be played under floodlights
 - o your playing kit colours (away team to change in the event of a clash)
 - what the arrangements are for post-match hospitality
 - $\circ \quad$ if bad weather is forecast, set out your bad weather procedures too
- If you are the opposition captain, please respond to the home captain's email and confirm
 - o receipt of their email
 - \circ $\$ that you have made sure there is no shirt colour clash
 - whether or not your team is participating in the post-match hospitality
 - arrangements for bad weather procedures, where applicable
- Regulation 6.1.3 It is the responsibility of the home club to ensure that pitch facilities, including markings, goals and goal nets are satisfactory. We suggest you carry cable ties to fix the goals for shared pitches.
- Regulation 7 ensure any new players in your squad have been registered before the game.
- Regulation 8.1 You must select your squad in accordance with the Principles of Fair Selection (Appendix 4 of the Regulations). Please ensure you have read and understand this in full. Make sure you are not selecting any players who are suspended (Regulation 12.2).
- Regulation 9.4 you must select your team in the GMS prior to the start of every match. Ensure you upload the result, the goal scorers, and yellow and red cards and any injury reports by 20:00 on match day. The Divisional Secretaries are each responsible for over 50 fixtures each Saturday so please make sure these details are input in a timely manner.
- Regulation 10 ensure that your team meets the kit requirements.
- Note the responsibility of the home team to provide umpires in Regulation 11.

- Confirm your home umpires directly or with your club umpire liaison officer. If you have had to find an alternative umpire on match day ensure they know they need to sign up and join the England Hockey Officiating club within 24 hours of the relevant fixture being completed in accordance with Regulation 11.3.
- Ensure that your team knows that any social media posts about the game, opposition or umpires are in accordance with the England Hockey Code of Ethics.
- If for any reason you need to speak to a Divisional Secretary on match day and they are not answering their phone please send them a WhatsApp message with the full details of the issue that you want to discuss.
- Remember that under the Rules of Hockey (3.4) captains are responsible for the behaviour of all players on their team.

End of Season:

- See Regulation 4.5 for further details about Promotions and Relegations. In London we will employ the variation shown in 4.5.1.1 for the two cases shown
 - i.e., A <> B1/B2 and A1/A2 <> B1/B2/B3
- Make sure that your club administrator knows how and when to enter your team in the league for next year (Regulation 3.2).

Best wishes for a fantastic season.

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